



## GREENWOOD ACADEMIES TRUST

### **PE & Sport Premium Package 2020 – 2021**

The package below details the support, resources and opportunities which academies will be able to access as part of their on-going commitment to, and development of high quality Physical Education, School Sport and Physical Activity (PESSPA). Academies will be asked to secure £2,400 from their PE and Sport Premium Funding in order to facilitate the provision.

The package has been designed to ensure there is a key focus on COVID-19 – Safe-Practice for PESSPA, and that all staff (including external providers) are adhering to the latest national guidance in this respect. There is also a significant focus within the package on supporting colleagues to deliver exciting, healthy, active opportunities that help to rebuild the physical, social and emotional wellbeing of young people using the power of PESSPA as a vehicle to re-socialise and meet the individual needs of your children.

The package again supports the overarching objective of creating a sustainable model of outstanding delivery.

**1. Central Training**

- 3 x Days of central training for all GAT PE Coordinators
- Due to current conditions these will be 'remote' learning sessions

Key areas for support are identified from within the group and are likely to include:

- Updates and guidance on latest national and Trust requirements with regards to COVID-19 PESSPA Safe-Practice
- This includes information from DfE, Youth Sport Trust, the national Association for PE (afPE), GAT and Allison Consultancy
- Review of website and updating of PE & Sport Premium information required to meet the Conditions of the Grant funding, including evidencing of the Underspend from previous year due to COVID-19
- Sharing of best practice to support pupil well-being
- PE and Sport Premium preparation for inspection: RAG Review and identification of key actions
- Ofsted and DfE requirements in relation to PE and School Sport Premium
- Quality Assurance and development of the PE Curriculum (Intent, Implementation and Impact)
- Safe-guarding / Health and Safety Updates

PE coordinators will access the training; enhance their own knowledge and understanding, cascade information back to colleagues at individual academies and work with the DoS to create opportunities for pupils.

This is also a 'virtual' networking opportunity for primary colleges to discuss how the provision is working, share areas of best practice and alleviate any concerns.

## **2. Bespoke Support**

- 2 x 5 Hour Days of bespoke support per academy
- Due to current conditions these can be facilitated 'remotely' and / or in-school (adhering to all latest COVID-19 guidance – including national, Trust and individual academy policies regarding external providers)

- Allison Consultancy will liaise with your academy to identify your needs and tailor the support accordingly
- Flexibility for the training to be delivered to whole school, PE Coordinator, Midday Supervisors or pupils
- Move Off & Think (MOT), Active Playgrounds, Gymnastics, Dance, Games and OAA training are all available, alongside areas such as Assessment in PE and how to plan and deliver outstanding PE

### **Highly recommended!**

Of particular interest that may meet your needs, the needs of your staff and particularly your children are the following two days of support which the Trust highly recommends:

### **Targeted Support for the Primary PE Lead (Including COVID-19: PESSPA Safe-Practice)**

This is extremely current, new, targeted support from Allison Consultancy for the Primary PE Lead. This can be carried out remotely or in-school, including a range of resources and links to latest national guidance, and includes the following:

#### **1. PE Lead Support - Part 1: COVID-19: PESSPA Safe-Practice**

- COVID-19 Safe-Practice – Quality Assurance Review and development of the practice in your own academy (included Self-Review and Monitoring Tool from Allison Consultancy)
- Any latest national guidance / updates DfE / afPE / YST
- Prepared training session (COVID-19: PESSPA Safe-Practice) for PE Lead to share at staff-meeting
- COVID-19 – Updated Checklist for engaging External Providers
- COVID-19: New PESSPA Safe-Practice - Summary template

#### **2. PE Lead Support - Part 2: PE & Sport Premium 2020-21**

- Review, assessment and development of your individual Action Plans
- Ensuring your Plans are meeting national / Trust and your own Academy requirements in relation to COVID-19 Safe-Practice
- Checking and ensuring you are planning to meet the Conditions of the Grant regarding your own 2019/20 Underspend
- PE Curriculum – strategies for adapting curriculum within COVID-19 context

### **Super Me! 2 – Practical Activities to develop health and well-being for your children**

Again, this support is extremely current with the focus on children's well-being particularly after this period of 'lock-down'. The day is delivered practically, in-school. It includes a mixture of the following to meet your needs:

- Up to 4 x modelled sessions with children and staff
- 1 x Staff Twilight session
- 1 x Session with PE Lead
- Focus on developing the well-being of your children through simple, healthy, physical activity and relaxation strategies
- The session is a mixture of practical activities, core strength and stretching, and relaxation

#### **Outcomes for staff:**

- Greater understanding of simple, practical activities to support the development of children's well-being
- Supports PE Lead and the school with the achievement of PE & Sport Premium Outcome Indicator 2

#### **Leading to the following Impact / Outcomes for children:**

- Development of self-esteem
- A better understanding of their own emotions and behaviours
- Children know how to use simple movements to help them relax and focus their minds
- Helps children to find the superhero power inside themselves, to have the confidence and resilience to tackle different situations

Access to Sport Plan	<ul style="list-style-type: none"> <li>• 16,000 creative ideas across 18 sports. Each drill has an animated diagram, examples and progression</li> <li>• 1000 tried and tested ready to go lesson plans</li> <li>• Videos of different techniques and examples of best practice</li> <li>• Compatible for use on computers, tablets and smartphones so can be used on the move</li> </ul>
Subscription to 5 A DAY	<ul style="list-style-type: none"> <li>• 5-a-day TV is the ultimate fun fitness resource for primary schools. It provides online access to fully demonstrated five-minute exercise routines and language learning resources designed specifically for projection onto classroom whiteboards</li> <li>• Regularly updates routines and also can request themed routines if you have school projects running</li> <li>• New strand to the resource allows pupils and parents to access it at home.</li> <li>• Data collection available to identify usage and impact across each academy</li> </ul>
YST Membership	<ul style="list-style-type: none"> <li>• Curriculum mapping guide designed to meet the bespoke needs of academies.</li> <li>• “Power of Enrichment” resource geared to enhance, empower and enrich the extended PE curriculum</li> <li>• Support to achieve the YST’s accreditation for delivery of high quality PE/Sport. “Quality Mark”</li> <li>• Regular updates regarding the national landscape and direction of travel within the sector</li> </ul>
afPE Safe Practice in Physical Education, School Sport and Physical Activity	<ul style="list-style-type: none"> <li>• Advice across the complete physical education curriculum to help you protect your students and yourself from potential risks.</li> <li>• The resource contains extensive information about what is considered best practice and can provide the basis for your health and safety policy.</li> <li>• Essential resource in relation to COVID-19 adaptations to delivery.</li> </ul>
Regional Dance Festivals Inter Academy Primary Athletics event Special School’s Sporting Calendar	<ul style="list-style-type: none"> <li>• Due to COVID-19 restrictions all of these festivals and events will be reviewed in Feb 2021.</li> </ul>