

Year Group	Autumn		Spring		Summer	
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Reception	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills
	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills
1	Football/ball familiarisation	Activities to develop throwing	Activities to develop catching	Health related exercise	Athletics	Striking and Fielding
	Multi Skills	Activities to develop balancing	Gym	Dance	Net and Wall - Tennis	Invictus/Multi Skills
2	Activities to develop throwing	Football/ball familiarisation	Health related exercise	Activities to develop catching	Striking and Fielding	Athletics
	Activities to develop balancing	Multi Skills	Dance	Gym	Invictus/Multi Skills	Net and Wall - Tennis
3	Swimming/ Invasion game - Basketball	Swimming/ Invasion game – Football	Invasion game - Tag Rugby	Golf/OAA	Striking and fielding – Cricket/Rounders	Net and wall - Tennis
	Invasion game - Handball	H.R.E / Yoga	Dance	Gym	Net and wall - Badminton	Athletics
4	Invasion game – Football	Invasion game - Basketball	Swimming/ Golf/OAA	Swimming/ Invasion game - Tag Rugby	Net and wall - Tennis	Striking and fielding – Cricket/Rounders
	H.R.E / Yoga	Invasion game - Handball	Gym	Dance	Athletics	Net and wall - Badminton
5	Invasion game - Basketball	Invasion game - Football	Invasion game – Tag Rugby	Invasion Game - Netball	Striking and Fielding - Cricket	Golf/OAA
	Invasion game - Handball	H.R.E / Yoga	Dance	Net and wall - Badminton	Net and wall - Tennis	Athletics
6	Invasion game - Football	Invasion game – Tag rugby	Invasion game - Basketball	Invasion game – Hockey skills	Striking and Fielding - Cricket	Athletics
	H.R.E / Yoga	Invasion game - Handball	Gym	Net and wall - Badminton	Net and wall - Tennis	Swimming/Athletics

PE Curriculum Map (2022/23)
Nottingham Primary Academy

